Covenants – Long Version

Palomitas De Paz - Little Doves of Peace

Steward: We are a Buddhist community of practice,rooted in mindfulness, compassion, and insight, following in the footsteps of Thich Nhat Hanh.

We come together to breathe,
to settle, and to remember our basic goodness in a world that often forgets.

Our Sangha is a refuge—
a place of safety, comfort, kindness, confidentiality, and trust,
A place where we can rest, heal, learn, and grow. Here, stillness and curiosity walk hand in hand. Here, we cultivate a grounding counterweight to confusion and fear.

In Sangha, we become best friends on the path. We explore awakening together, experiment gently with truth, and learn how to accompany one another with tenderness and steadiness. We embody radical neighborliness— welcoming difference, dismantling racism, and honoring every sincere step.

Inspired by the Bodhisattva path,
we do not keep the Dharma to ourselves.
We carry our practice into daily life
and into the world's suffering.
We practice generosity, noble projects, and engaged action.
We give back what we receive.

This is our practice.
This is our Sangha.
This is already enough.

Here are our promises to one another:

Recite Together (all together)

With mindfulness and respect, we listen deeply to one another.

With kindness and honesty, we honor confidentiality and speak plainly.

With courage and care, we make space and nurture healing.

With justice and inclusion, we face harm and dismantle oppression.

With gratitude, we come home together to the here and now.